

### **Learning Outcomes**

At the end of this training, participants will be able to:

- 1) Discuss first aid certification requirement for licensed FCC providers
- 2) Identify the 12 required first aid supplies to be included in the first aid kit
- 3) Identify the 6 first aid supplies for field trips



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#### First Aid Certification



OEC requires FCC providers to:

- Complete an approved First Aid course (6 hours in length)
- · Every three years



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### What's in your first aid kit?



Maintain at least one (1) portable, readily available first aid kit:

- Wherever children are in care
- On field trips
- At outdoor play areasIn the FCC home if all of the children do not attend the field trip



## 12 First Aid Kit Supplies

1. Assorted sizes of non medicated adhesive strips





2. Sterile, individually wrapped, three (3) or four (4) inch gauze squares





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## 12 First Aid Kit Supplies

3. A two (2) inch gauze roller bandage



4. One (1) roll of adhesive tape (hypoallergenic)









5. SCISSORS 6. TWEEZERS



# 12 First Aid Kit Supplies



7. **Two (2)** instant cold packs



8. A non-glass thermometer to measure a child's temperature with plastic covers for the thermometer or alcohol to clean the thermometer, or single use Tempa Dots



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# 12 First Aid Kit Supplies

9. Two (2) triangular bandages with safety pins



10. Disposable, nonporous gloves





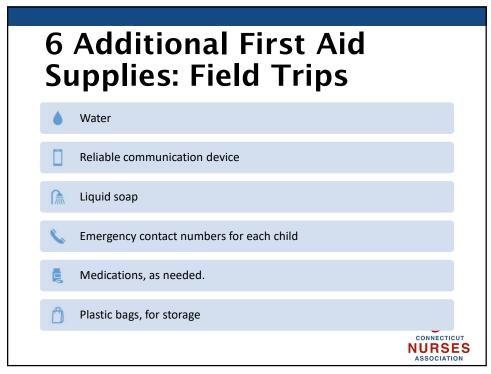
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## 12 First Aid Kit Supplies

11. A current American Academy of Pediatrics (AAP) standard first aid chart, or current (less than five (5) years in print) first aid manual, chart or guide provided by an approved first aid course for children and adults

12. CPR mouth barrier (face shield)





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#### Resources

- · First Aid Approved Courses
- https://www.ctoec.org/wpcontent/uploads/2019/02/Rfirst\_aid\_course\_list-for-DCCC-DCGH-4-2021.pdf
- First Aid List of Supplies
- https://www.ctoec.org/storage/2019/02/ first\_aid\_kit.pdf



